PREPARATION RECOMMENDATIONS AND MATERIAL PARAMETERS FOR ZOLID

The use of Zolid brings a high degree of reliability, esthetics and clinical benefits. The material allows supragingival preparation due to its tooth-like color, thus enabling easier cementation and preparation control. When planning, it is important to distinguish between monolithic and ceramic veneered restorations. The consideration of minimum wall thicknesses, preparation guidelines and the creation of sufficient space for the veneer ceramics in anatomically reduced work have a marked influence on the quality and functionality of the restorations.

DIFFERENT SPATIAL CONDITIONS FOR DIFFERENT INDICATIONS*

CONTRAINDICATIONS

The following preparations are contraindicated for zirconium oxide restorations

*Minimum wall thicknesses are based on bridges from 4 pontics
PREPARATION RECOMMENDATIONS AND DESIGN PARAMETERS FOR ZOLID

DESIGN PARAMETERS FOR ZOLID SHT / HT / LT - UP TO MAX. 3-PONTIC BRIDGES

<table>
<thead>
<tr>
<th>INDICATION</th>
<th>ANTENOR REGION</th>
<th>POSTERIOR REGION</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Wall thickness (mm)</td>
<td>Connector cross-section (mm²)</td>
</tr>
<tr>
<td></td>
<td>incisal/occlusal</td>
<td>circular</td>
</tr>
<tr>
<td>Single tooth</td>
<td>0.5</td>
<td>0.5</td>
</tr>
<tr>
<td>3-pontic bridges and 1 pontic</td>
<td>0.5</td>
<td>0.5</td>
</tr>
</tbody>
</table>

DESIGN PARAMETERS FOR ZOLID HT/LT - 4 TO 14-PONTIC BRIDGES

<table>
<thead>
<tr>
<th>INDICATION</th>
<th>ANTENOR REGION</th>
<th>POSTERIOR REGION</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Wall thickness (mm)</td>
<td>Connector cross-section HT/LT</td>
</tr>
<tr>
<td></td>
<td>incisal/occlusal</td>
<td>circular</td>
</tr>
<tr>
<td>As of a 4-pontic bridge and a maximum of 2 pontics</td>
<td>0.7</td>
<td>0.5</td>
</tr>
<tr>
<td>As of a 4-pontic bridge and a maximum of 3 pontics</td>
<td>0.7</td>
<td>0.5</td>
</tr>
<tr>
<td>Cantilever bridge and one cantilever pontic</td>
<td>1.0</td>
<td>0.7</td>
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</table>

Designation and assignment of zirconia materials
SHT= Zolid FX, Zolid FX Multilayer
HT= Zolid HT+, Zolid HT+ Preshades, Zolid Gen-X
LT= ZI
PREPARATION

Before each preparation it is important that the dentist and dental technician agree which zirconia is to be used for the subsequent restoration. This ensures that all the correct preparation parameters are complied with for the respective material. The principle of preparation is to remove as little hard tooth substance as possible, but still as much as is required for the material thickness of the restoration. If insufficient tooth substance is available or if the clinical crown height is too low, it is recommended to prepare retention grooves in the stump. The Zolid Preparation Dent Kit contains preparation tools which are optimally adapted to the Amann Girrbach workflow - from the CAD/CAM milling machine to the zirconias. As a result, the required parameters are easy to implement and perfectly fitting restorations can be achieved. This set was developed in close cooperation between Dr. M. Fischer and MDT B. Votteler.

THE MOST IMPORTANT POINTS AT A GLANCE

- Perfectly matched tools which guarantee process reliability from the preparation through to the final restoration
- The six selected preparation tools allow efficient preparation of anterior and posterior crowns, bridge abutments, partial anterior crowns and veneers
- The clearly arranged preparation set stands for an efficient workflow in everyday routines (preparing, preparation, disinfection)
- Perfectly matched set for the zirconias of the Zolid DNA generation from Amann Girrbach

ORDERING INFORMATION

<table>
<thead>
<tr>
<th>875530</th>
<th>Zolid Preparation Dent-Kit</th>
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<tbody>
<tr>
<td>875531</td>
<td>Diamond Egg Fine</td>
</tr>
<tr>
<td>875532</td>
<td>Diamond Egg Coarse</td>
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<tr>
<td>875533</td>
<td>Diamond Torpedo Fine</td>
</tr>
<tr>
<td>875534</td>
<td>Diamond Torpedo Coarse</td>
</tr>
<tr>
<td>875535</td>
<td>Diamond Conical Fine</td>
</tr>
<tr>
<td>875536</td>
<td>Abrasive Arkansas FG</td>
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<td></td>
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</table>

Delivery include: see image

5 pcs.
PREPARATION FOR CONVENTIONAL AND ADHESIVE CEMENTATION

VENEERS AND CROWNS IN THE ANTERIOR REGION

1. Initial situation with pronounced attrition and insufficient fillings in the anterior tooth region
2. Preparation of a mock-up using the silicone key
3. The original length of the anterior teeth is achieved by using the mock-up
4. Separation with coarse torpedo 12 mm (green ringed)
5. Mock-up is separated from the natural tooth
6. Preparation of the crown alignment 12 mm torpedo (green ringed)
7. Reduction palatal with football (green ringed)
8. Fine preparation of the chamfer with torpedo 12 mm (red ringed)

Images and texts: Dr. Michael Fischer, Pfullingen
PREPARATION FOR CONVENTIONAL AND ADHESIVE CEMENTATION

VENEERS AND CROWNS IN THE ANTERIOR REGION

Palatal finish with football (red ringed)

Final smoothing with Eva file (red ringed) or with the Abrasive Arkansas FG of the Zolid Preparation Dent Kit

Check of the final spatial conditions using the silicone key

Final preparation with minimal loss of substance

Occlusal perspective of the final anterior tooth preparation

Occlusal perspective of the final inserted restorations

The incorporated restorations fit harmoniously into the oral situation

Frontal view of the highly esthetic crowns (12-22) and veneers (13/23) made of Zolid

Images and texts: Dr. Michael Fischer, Pfullingen

TIP
More information in the video „Zolid Preparation Dent Kit - Frontzahnpräparation“
PREPARATION FOR CONVENTIONAL AND ADHESIVE CEMENTATION

PREMOLAR, MOLAR OF A POSTERIOR BRIDGE

1. Separation of the premolar with interdental wedge / adjacent tooth protection
2. Separation with coarse torpedo 12 mm (green ringed)
3. Occlusal view after separation
4. Pre-preparation 12 mm torpedo (green ringed)
5. Preparation of the crown alignment 45° and fine preparation of the chamfer with torpedo 12 mm (red ringed)
6. Incisal trimming with football (green ringed) for optimal esthetic results
7. Occlusal finish with fine football (red ringed)
8. Final smoothing with Eva file (red ringed) or with the Abrasive Arkansas FG of the Zolid Preparation Dent Kit

Images and texts: Dr. Michael Fischer, Pfullingen
PREPARATION FOR CONVENTIONAL AND ADHESIVE CEMENTATION

PREMOLAR, MOLAR OF A POSTERIOR BRIDGE WITH RETENTION GROOVES FOR SHORT CLINICAL CROWNS

1. Pre-preparation of the posterior crown with 12 mm torpedo (green ringed)
2. Fine preparation of the chamfer with torpedo 12 mm (red ringed)
3. Preparation of the crown alignment 45°
4. Applying the retention groove with conical roller (red ringed)

5. Applying the retention groove with conical roller (red ringed) in particular for short stumps, to ensure optimum retention of the restoration
6. Occlusal view, preparation visible throughout
7. Conical retention grooves on the saw model in the laboratory
8. Crown is already securely fixed to the stump with retention grooves

Images and texts: Dr. Michael Fischer, Pfullingen
FORMS OF CEMENTATION

Due to their high strength, zirconia restorations can be attached both adhesively as well as conventionally. A prerequisite for conventional cementation is sufficient retention and a corresponding minimum stump height of 3 mm. Highly translucent zirconia such as Zolid FX benefits from adhesive cementation in particular. Translucent and procolored cementation materials can underline coloring, especially in the anterior region.

<table>
<thead>
<tr>
<th></th>
<th>Conventional cementation</th>
<th>Adhesive/self-adhesive cementation</th>
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</thead>
<tbody>
<tr>
<td><strong>Processing</strong></td>
<td>Low effort</td>
<td>High effort</td>
</tr>
<tr>
<td><strong>Bonding strength</strong></td>
<td>No adhesive bonding (Attention: adequate retention shape of the die and minimum stump height of 3 mm must be observed)</td>
<td>Adhesive bonding</td>
</tr>
<tr>
<td></td>
<td></td>
<td>High adhesive bond</td>
</tr>
<tr>
<td><strong>Luting materials</strong></td>
<td>_Zinc oxide phosphate cements</td>
<td>Adhesive cementation:</td>
</tr>
<tr>
<td></td>
<td>_Acrylic-reinforced glass ionomer cements</td>
<td>_e.g. PANAVIA™ VS, 21, F 2.0 / Kuraray Noritake</td>
</tr>
<tr>
<td></td>
<td>e.g. Fuji PLUS (EWT) / GC</td>
<td>_e.g. Multilink® Automix / Ivoclar Vivadent</td>
</tr>
<tr>
<td></td>
<td>_Glass ionomer cements</td>
<td>Self-adhesive cementation</td>
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<tr>
<td></td>
<td>e.g. Vivaglass CEM / Ivoclar Vivadent</td>
<td>_e.g. RelyX ™ Unicem / 3M Espe</td>
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<tr>
<td></td>
<td></td>
<td>_e.g. SpeedCEM® / Ivoclar Vivadent</td>
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*These are recommendations only! Please observe the respective information of the manufacturers.
SURFACE TREATMENT

Especially with monolithic restorations made of zirconia, it is important to polish the contact surfaces after processing in order to avoid possible abrasion on the opposite tooth. During the try-in of the restorations, the static and dynamic occlusion contacts are checked. If imperfections are subsequently reworked, grinding must be carried out with the correct abrasives. The new Polishing Dent Kit from Amann Girrbach is ideal for polishing zirconia in the patient's mouth. The polishing heads are available in different shapes and grades for optimum high-gloss polishing and surface quality.

THE MOST IMPORTANT POINTS AT A GLANCE

- Processing of zirconia with a water-cooled turbine at the recommended speeds to avoid overheating
- Especially with monolithic restorations, the surface must be highly polished to avoid abrasion on the antagonist
- Studies confirm that polished contact points of monolithic zirconia restorations show hardly any abrasive effects on the antagonist in contrast to only glazed or veneered contact surfaces*
- Monolithic restorations must be checked in the patient's mouth once a year, taking into account the remaining dentition, the antagonists and the soft tissue

ORDERING INFORMATION

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
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<tr>
<td>875550</td>
<td>Zolid Polishing Dent Kit</td>
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<tr>
<td>875551</td>
<td>Smoothing and pre-polishing/swivel</td>
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<tr>
<td>875552</td>
<td>High gloss polishing / swivel</td>
</tr>
<tr>
<td>875553</td>
<td>Abrasive</td>
</tr>
<tr>
<td>875554</td>
<td>Gloss polishing / flame</td>
</tr>
<tr>
<td>875555</td>
<td>High gloss polishing / flame</td>
</tr>
<tr>
<td>875556</td>
<td>Diamond</td>
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</tbody>
</table>

* Source: Wear of zirconia ceramics and human enamel, Bogna Stawarczyk1, Mutlu Özcan1, Felix Schmutz2, Albert Trottmann1, Małgorzata Roos3, Christoph H.F. Hämerle!
1. GRINDING WITH DIAMOND OR GRINDING TOOLS

Diamond for grinding zirconium oxide at speeds of 160,000 rpm

Grinding tool for grinding zirconium oxide at speeds of 25,000 rpm

2. POLISHING WITH SWIVEL OR FLAME DIAMOND POLISHER

Diamond polishers for smoothing and polishing at a speed of 10,000-12,000 rpm

Diamond polishers for smoothing and polishing at a speed of 7,000-12,000 rpm

3. HIGH GLOSS POLISHING SWIVEL OR FLAME DIAMOND POLISHERS

Diamond polishers for high gloss polishing with a speed of 10,000-12,000 rpm

Diamond polishers for high gloss polishing with a speed of 7,000-12,000 rpm

Images: Dr. Michael Fischer, Pfullingen

TIP

More information in the video Zolid Polishing Dent Kit - Oberflächenbearbeitung von Zirkonoxid im Patientenmund
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